

How we typically handle hurts:

1. Something creates _____.
2. _____ go up!
3. _____ sets in.
4. Things _____ very quickly.

Ephesians 2:11-16 – Don't forget that you Gentiles used to be outsiders. You were called "uncircumcised heathens" by the Jews, who were proud of their circumcision, even though it affected only their bodies and not their hearts. ¹²In those days you were living apart from Christ. You were excluded from citizenship among the people of Israel, and you did not know the covenant promises God had made to them. You lived in this world without God and without hope. ¹³But now you have been united with Christ Jesus. Once you were far away from God, but now you have been brought near to him through the blood of Christ.¹⁴For Christ himself has brought peace to us. He united Jews and Gentiles into one people when, in his own body on the cross, he broke down the wall of hostility that separated us. ¹⁵He did this by ending the system of law with its commandments and regulations. He made peace between Jews and Gentiles by creating in himself one new people from the two groups. ¹⁶Together as one body, Christ reconciled both groups to God by means of his death on the cross, and our hostility toward each other was put to death.

Ephesians 4:31-32 – Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another just as God through Christ has forgiven you.

How we're called to handle our hurts:

1. _____ forgiveness.
2. Freely _____ what you have _____.
3. _____!

Romans 5:8 – God showed his great love for us by sending Christ to die for us while we were still sinners.

Other references:

Matthew 6:14-15

2 Corinthians 5:16, 18-20

Matthew 5:9

Net Group Discussion Points

04.12.15 – That Was Then. This Is Now: Forgiveness

The following discussion starters are designed for use within groups meeting throughout the week. If you're not in a group, please pick up a group list from the Information Table after service!

- What stood out to you about this weekend's message? Why?
- Was there anything that challenged you? Explain.
- Based on your answers to the above questions, what do you think God may be saying to you? Discuss.
- What would it look like in your day-to-day life to respond do what God is saying?
- What plan can you put into action this week so that what God's saying to you sticks?
- How can your group or close friends best help you do what you're setting out to do this week? If you're in a group, be prepared at your next meeting to share how you're doing in following through on what's been discussed.

****After the message** we invite you to take **communion** with us – this is an opportunity to remember Christ's death and resurrection as stated in 1 Corinthians 11:23-26. Instructions for taking communion are located at the tables near each exit. We also invite you to receive **prayer** during this part of our service. Leaders available to pray with you can be identified by their lanyards and will be standing in the auditorium at the lower exit to your right.